FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

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asimigion,	D.C.	20040	

OMB APPROVAL									
OMB Number:	3235-0287								
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Lynch Thomas J. Jr.					Fog	2. Issuer Name and Ticker or Trading Symbol Foghorn Therapeutics Inc. [FHTX] 3. Date of Earliest Transaction (Month/Day/Year)								eck all appli X Directo	,		son(s) to Iss 10% Ow Other (s	ner
(Last)	(F	irst)	(Middle)		06/2	06/21/2023								below)			below)	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
500 TECHNOLOGY SQUARE STE #700				4. If <i>i</i>	4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	Individual or Joint/Group Filing (Check Applicable ne) X Form filed by One Reporting Person					
(Street)	RIDGE M	IA	02139												iled by More		One Repor	
(City)	(5	state)	(Zip)		$ _{\Box}$	Rule 10b5-1(c) Transaction Indication Check this box to indicate that a transaction was made pursuant to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Inst						ant to a con		on or written	plan ti	hat is intende	d to	
		Tab	le I - No	n-Deri\	ative	Sec	curities	s Ac	quired, D	isp	osed o	f, or Be	neficial	ly Owne	k			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Da				Execution Date,			Transaction Dispose Code (Instr. 5)		rities Acquired (A) or ed Of (D) (Instr. 3, 4 ar		Benefici Owned	es For ially (D) Following (I) (: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership			
					Code	v	Amount	ount (A) or (D)			action(s) . 3 and 4)			Instr. 4)				
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise (Month/Day/Year) Frice of Derivative Security 3. Transaction Date (Month/Day/Year) if any (Month/Day/Year)			Date,	4. Transaction Code (Instr. 8)		of		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	у	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code V (A) (D)		(D)	Date Exercisable			Amount or Number of Shares							
Stock Option (right to buy)	\$8.7	06/21/2023			A		16,000		06/21/2024	06/	/20/2033	Common Stock	16,000	\$0.00	16,000		D	

Explanation of Responses:

Remarks:

/s /Allan Reine, M.D., Attorney-in-Fact

06/22/2023

** Signature of Reporting Person

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.